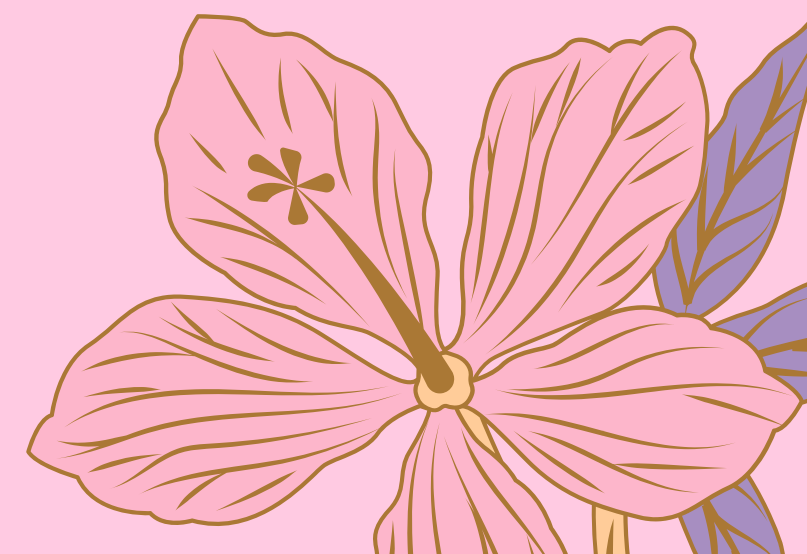
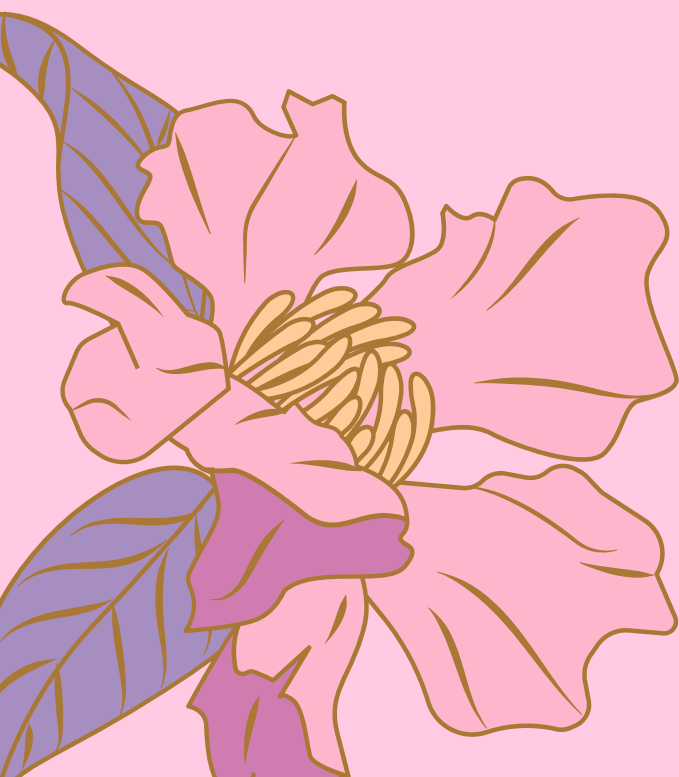


# ASIAN AMERICAN AND PACIFIC ISLANDER HERITAGE MONTH

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**VIEW RIDGE ELEMENTARY**

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# Asian American & Pacific Islander Heritage Month

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01 — ISAMU NOGUCHI

02 — MINDY KALING

03 — VERA WANG

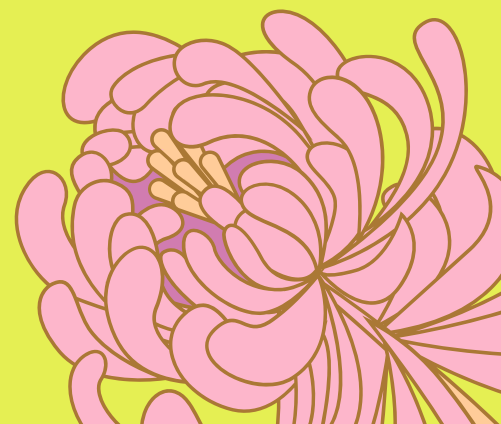
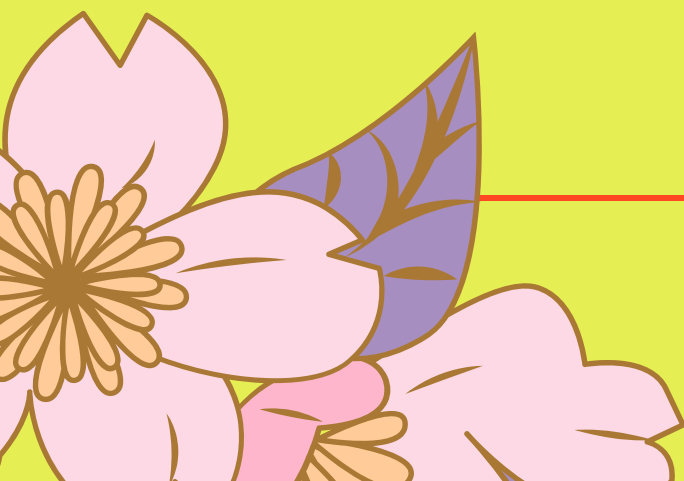
04 — GEORGE HELM JR.

05 — JEREMY LIN

06 — CHLOE KIM

07 — BRUCE LEE

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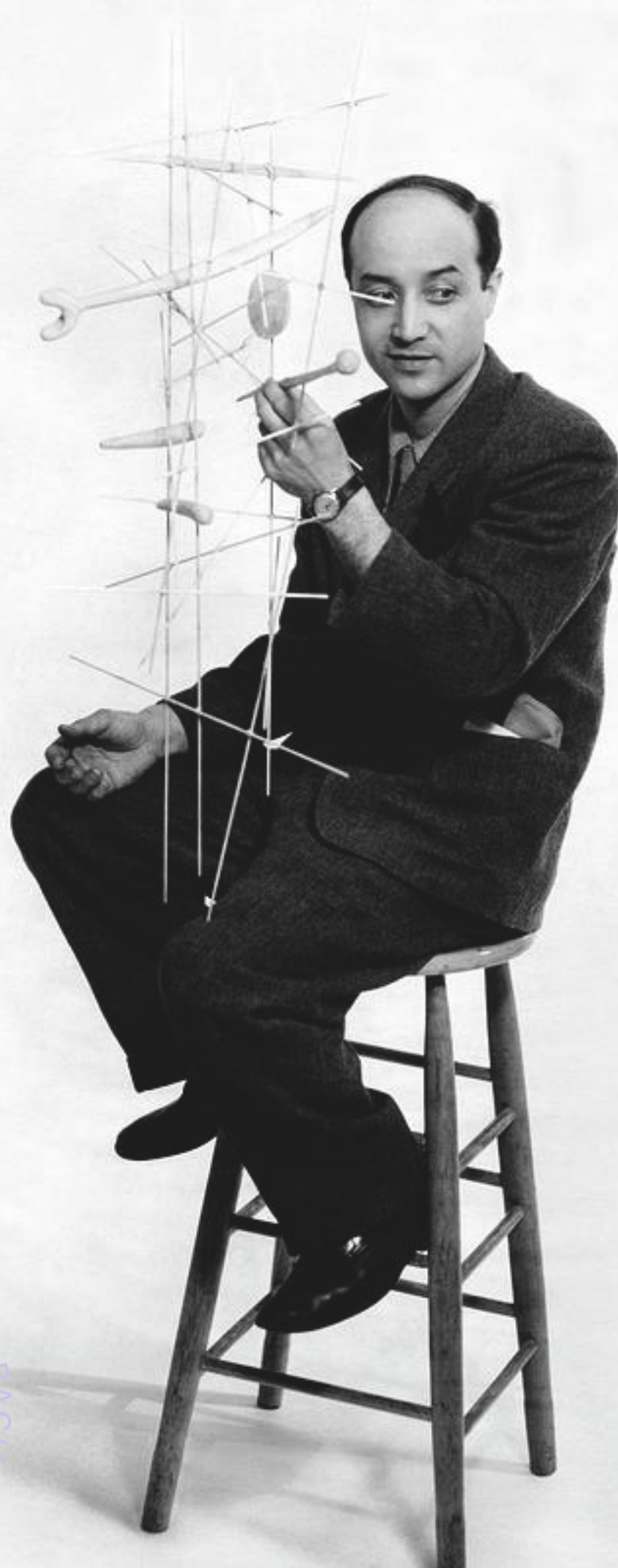


## ISAMU NOGUCHI (ARTIST)

Isamu Noguchi (1904–1988) was one of the twentieth century's most important and critically acclaimed sculptors. Through a lifetime of artistic experimentation, he created sculptures, gardens, furniture and lighting designs, ceramics, architecture, and set designs. His work, at once subtle and bold, traditional and modern, set a new standard for the reintegration of the arts. His art utilized a wide range of materials, including stainless steel, marble, cast iron, balsa wood, bronze, sheet aluminum, basalt, granite, and water. In 1947, his glass-topped table was produced by Herman Miller. This design and others—such as his designs for Akari light sculptures which were initially developed in 1951 using traditional Japanese materials—are still being produced today.

Learn more here:

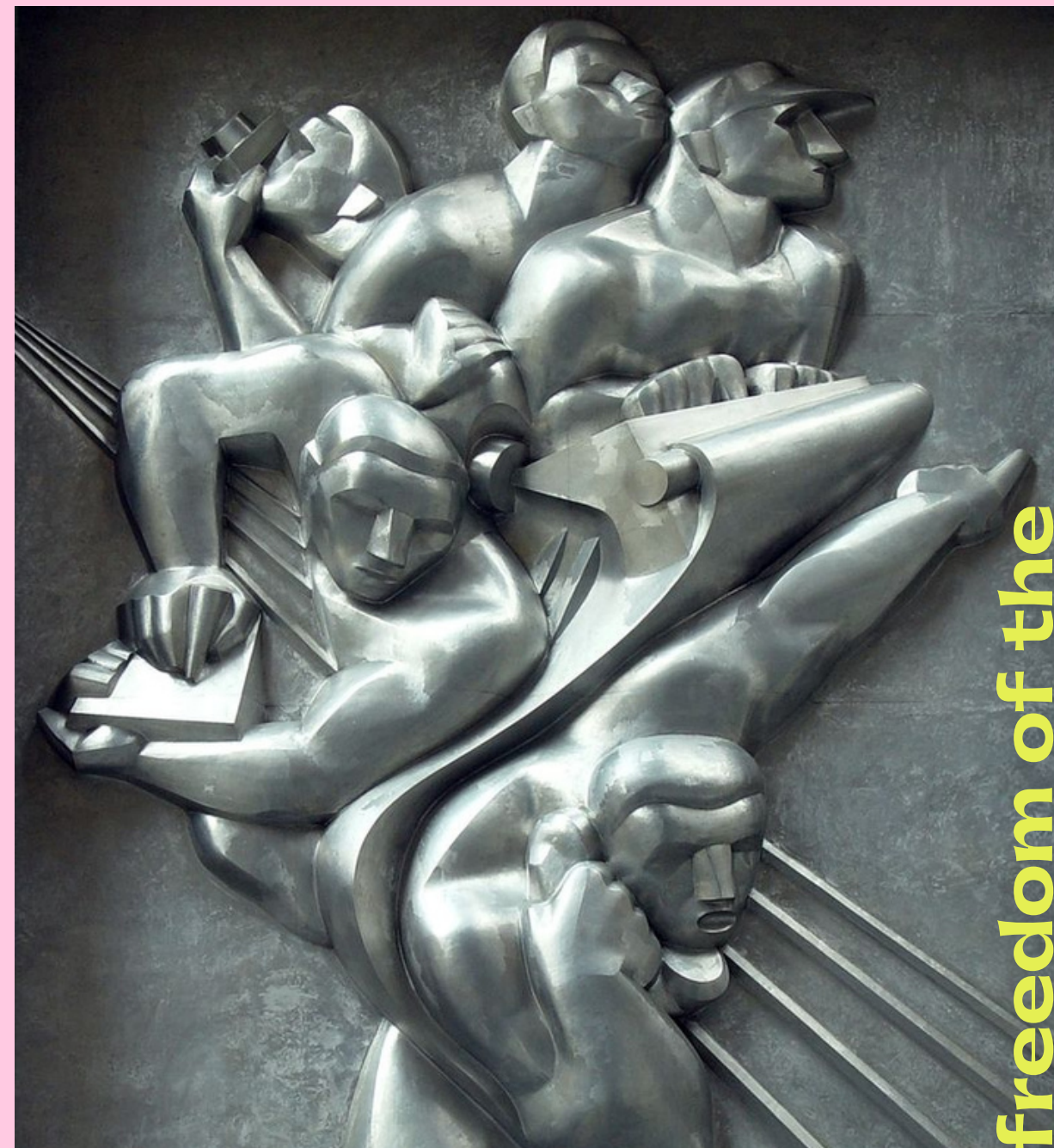
<https://www.noguchi.org/isamu-noguchi/biography/biography/>





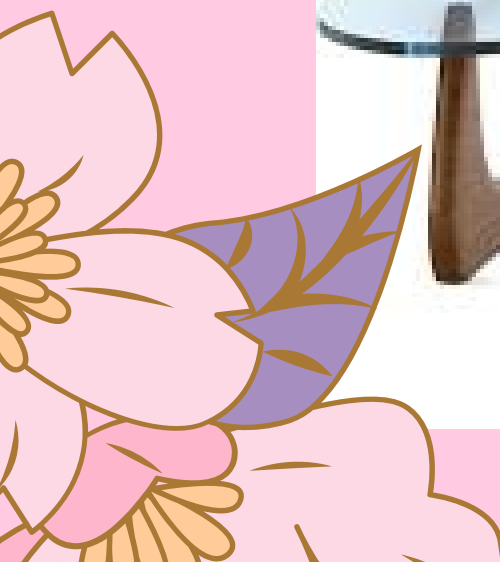
# FAMILY ACTIVITY

Look at Noguchi's coffee table. Try drawing your own table. What would you want to include for your table? What materials would you use?



freedom of the  
press by Noguchi

Using play dough or molding clay, create figures together taking turns picking a theme (e.g. fruit, animals, people, plants, etc.).





Mindy  
Kaling

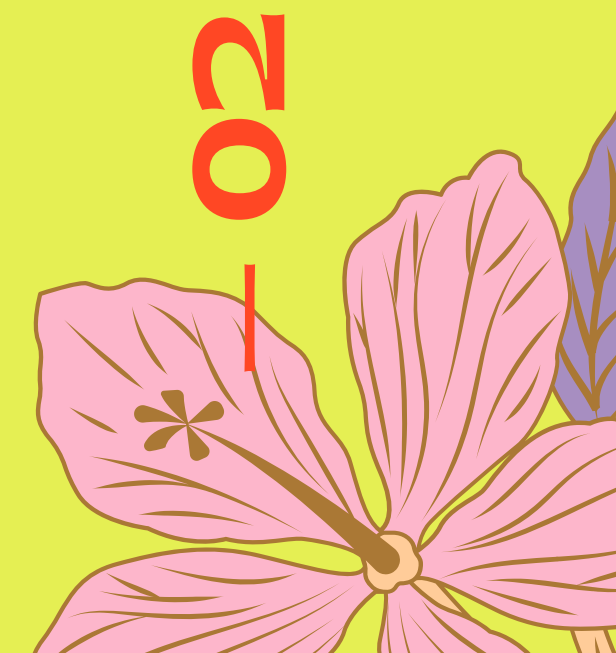
# SPOTLIGHT



## Mindy Kaling

Vera Mindy Chokalingam (1979-- ), known professionally as Mindy Kaling (/ˈkeɪlɪŋ/), is an American actress, comedian, writer, producer, and director. She first gained recognition starring as Kelly Kapoor in the NBC sitcom *The Office* (2005–2013), for which she also served as a writer, executive producer, and director.[2] For her work on the series, she was nominated for a Primetime Emmy Award for Outstanding Writing in a Comedy Series and five times for Outstanding Comedy Series. Kaling gained wider attention for creating, producing and starring in the Fox comedy series *The Mindy Project* (2012–2017). She created the NBC sitcom *Champions* (2018), also appearing in five episodes, the Hulu miniseries *Four Weddings and a Funeral* (2019), and the Netflix comedy-drama series *Never Have I Ever* (2020).[3]

Kaling's film career includes voiceover work in *Despicable Me* (2010), *Wreck-It Ralph* (2012), and *Inside Out* (2015). She had roles in comedy films, such as *The Night Before* (2015), *A Wrinkle in Time* and *Ocean's 8* (both 2018), and *Late Night* (2019), the lattermost of which she also wrote and produced. Her memoirs, *Is Everyone Hanging Out Without Me? (And Other Concerns)* (2011) and *Why Not Me?* (2015), reached *The New York Times* Best Seller list.



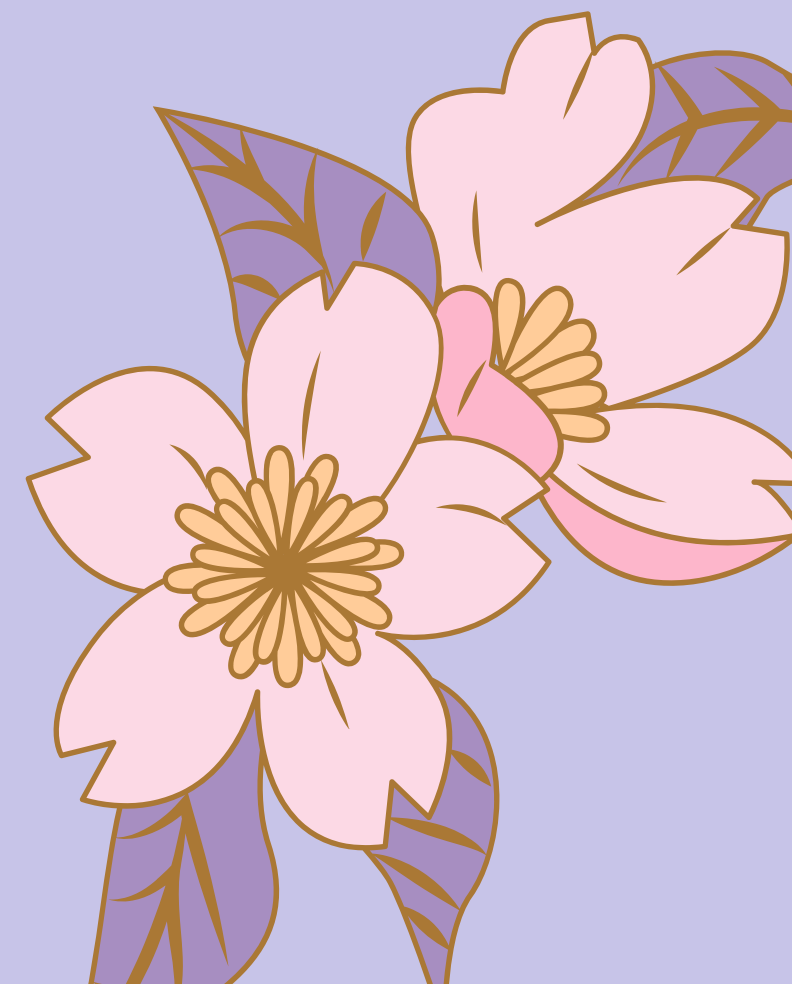
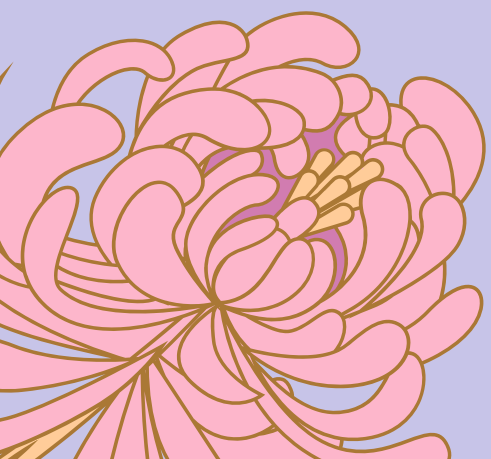
# FAMILY ACTIVITY

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## "Mirror Game"

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The mirror game is a great stand-by in the theatre class. Participants are grouped in pairs and face each other. One acts as the leader, moving their arms, legs, head, face, in a slow steady pattern so that they can be 'mirrored' by their partner. The follower strives to copy the leader exactly.





# SPOTLIGHT

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## Vera Wang

Vera Ellen Wang was born and raised in New York City, and is of Chinese descent. Her parents were born in China and came to the United States in the mid-1940s. Wang began figure skating at the age of eight. She competed at the 1968 U.S. Figure Skating Championships. When she failed to make the U.S. Olympics team, she entered the fashion industry.

Wang continues to enjoy skating, saying, "Skating is multidimensional". Wang was hired to be an editor at Vogue immediately upon graduation from college, making her the youngest editor at that magazine. She stayed at Vogue for 17 years, leaving in 1987 to join Ralph Lauren, for whom she worked for 2 years. At 40 she resigned and became an independent bridal wear designer. Wang has made wedding gowns for public figures and she has designed costumes for figure skaters.

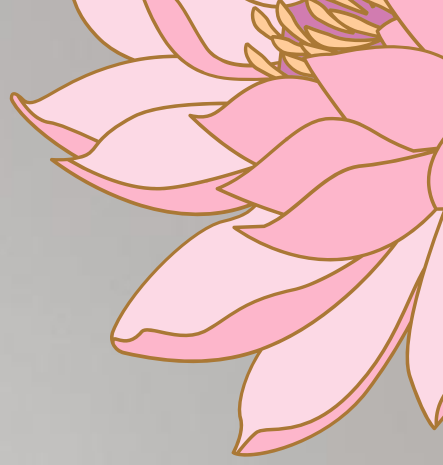
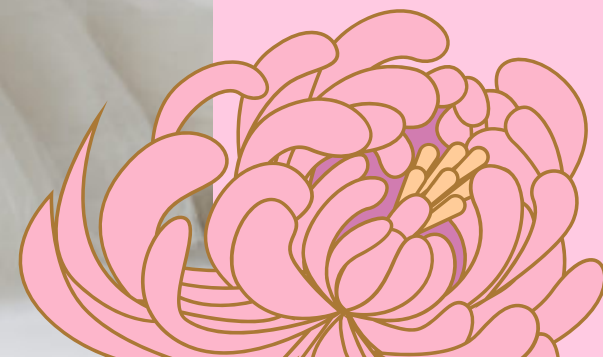


ASIAN AMERICAN



# FAMILY ACTIVITY

Design an outfit for a fancy event. What fabric would you use? What color? Would you have designs on your fabric? Now design pajamas. What fabric would you use? What color? Would you have designs on your fabric?

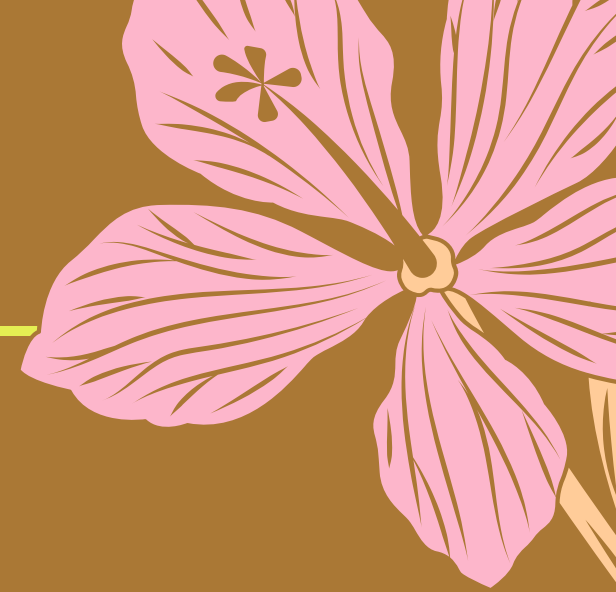






MONTHASIAN AMERICAN AND  
PACIFIC ISLANDER

# SPOTLIGHT



## George Helm, Jr.

George Helm Jr was a Native Hawaiian musician, singer, activist and Native Hawaiian cultural expert. Helm was also a philosopher and considered the pioneer of modern Hawaiian sovereignty ideals, and he prided himself on living in the traditional ways of his ancestors. Helm was on the frontlines of activism, and in 1975, he became heavily involved in the efforts to protect the island of Kaho'olawe from U.S. naval target practice bombings. In 1976, he, along with eight other activists, occupied the island in protest of its military occupation; Helm became connected to the spiritual power that the island possessed and dedicated his life to protecting it. Helm disappeared in a boat in 1977 off the coast of Kaho'olawe, but his passion for Hawai'i's sovereignty and protection of the land has inspired generations of Kanaka Maoli.

- citation : <https://www.negrabohemian.com/blog/aapi-heritage-month>

# FAMILY ACTIVITY

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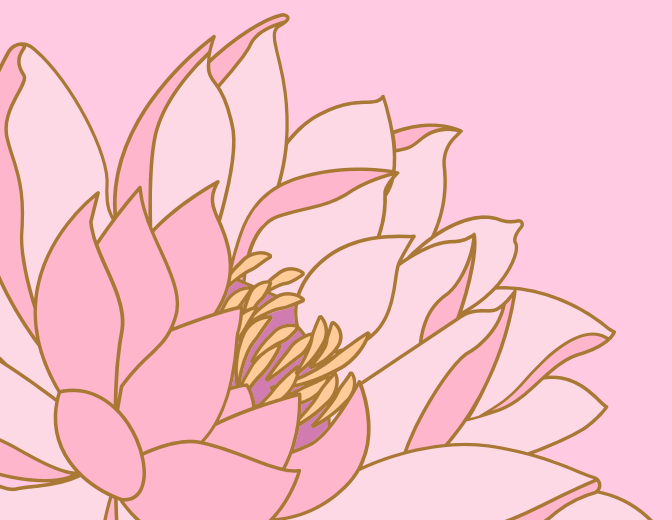
## Listening Party

George Helm Jr. was inspired by the music of his Native Hawaiian peoples and lived by the philosophy of Aloha 'Āina

Listen to the music of George Helm and draw a picture of what his music inspires in you

Listen to the music of George Helm

[youtube.com/channel/UCQYF18E6MbvlE-ck4nY010g](https://www.youtube.com/channel/UCQYF18E6MbvlE-ck4nY010g)





# SPOTLIGHT

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## Chloe Kim

Chloe Kim (born April 23, 2000) is an American snowboarder. At the 2018 Winter Olympics, she became the youngest woman to win an Olympic snowboarding gold medal when she won gold in the women's snowboard halfpipe at 17 years old. She is a six-time X Games gold medalist and the first woman to win two gold medals in snowboarding at the Winter Youth Olympic Games. She is the current World, Olympic, Youth Olympic, and X Games champion in the halfpipe and the first to win the title at all four major events. Kim was included in Time magazine's 100 Most Influential People of 2018.

Video of snowboarding (2.11):

[https://www.bing.com/videos/search?](https://www.bing.com/videos/search?q=chloe+kim+snowboarding&&view=detail&mid=4327417FC24B322046A84327417FC24B322046A8&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dchloe%2Bkim%2Bsnowboarding%26FORM%3DHDRSC4)

[q=chloe+kim+snowboarding&&view=detail&mid=4327417FC24B322046A84327417FC24B322046A8&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dchloe%2Bkim%2Bsnowboarding%26FORM%3DHDRSC4](https://www.bing.com/videos/search?q=chloe+kim+snowboarding&&view=detail&mid=4327417FC24B322046A84327417FC24B322046A8&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dchloe%2Bkim%2Bsnowboarding%26FORM%3DHDRSC4)





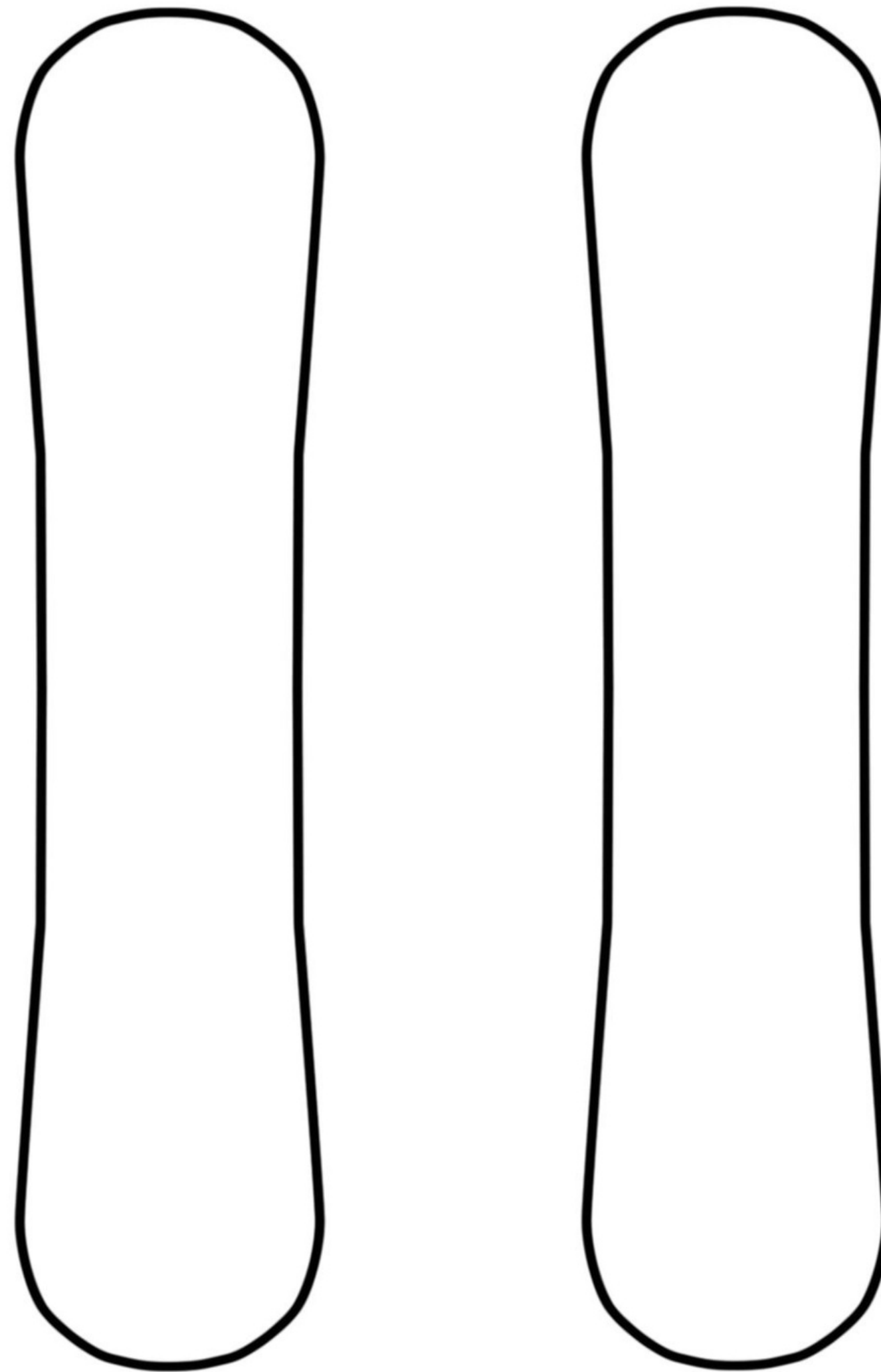
# FAMILY ACTIVITY

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## Snowboard

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Decorate your own snowboard using the template with crayons, markers, stickers, etc.



# SPOTLIGHT

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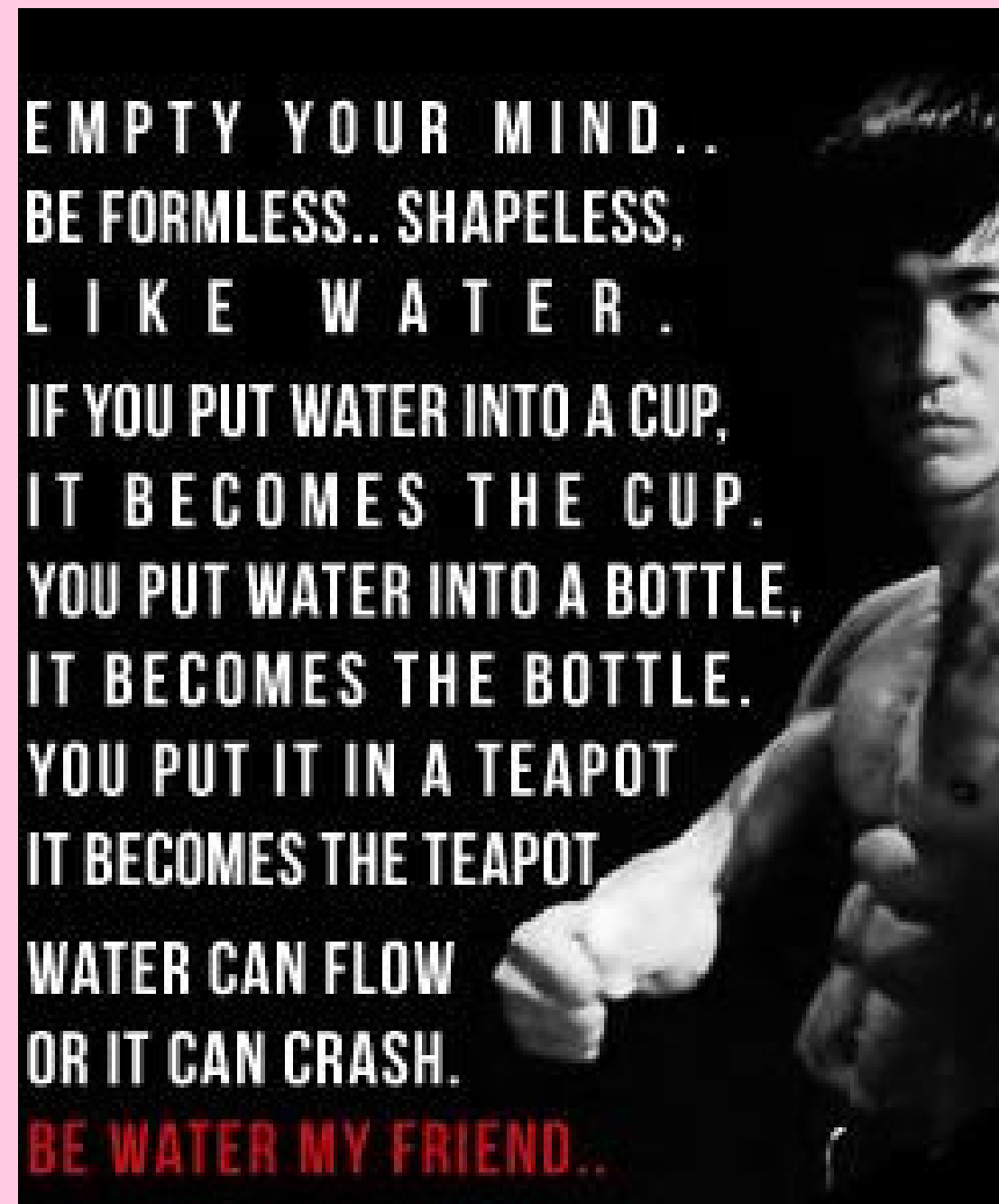
## Bruce Lee

Bruce Jun Fan Lee (Lee Siu Loong) was born in 1940 in San Francisco, CA while his parents were on tour with the Chinese Opera. Ultimately raised in Hong Kong, Bruce Lee was a child actor appearing in more than 20 films. At the age of 13, Bruce took up the study of wing chun gung fu under renowned wing chun master, Yip Man. Bruce left Hong Kong at the age of 18, came to the United States and made his way to Seattle, Washington where he worked in the restaurant of a family friend. He soon enrolled in the University of Washington where he pursued a degree in philosophy. Bruce began to teach gung fu in Seattle and soon opened his first school, the Jun Fan Gung Fu Institute. Two more schools followed in Oakland and Los Angeles. Concurrently Bruce married his wife, Linda and had his two children, Brandon and Shannon. In the mid sixties, Bruce was discovered while doing an exhibition at the Long Beach Internationals and a role as Kato in the tv series The Green Hornet soon followed. During this time, Bruce was also developing his own martial art, which he ultimately named Jeet Kune Do (translated: the way of the intercepting fist). After The Green Hornet series was canceled, Bruce encountered resistance while working in Hollywood and so headed to Hong Kong to pursue a film career. In Hong Kong he made 3 films, which consecutively broke all box office records and showcased martial arts in an entirely new way. Hollywood took notice and soon Bruce was making the first Hollywood / Hong Kong coproduction with a film called Enter the Dragon. Unfortunately, Bruce Lee died in 1973 before this film was released. This film catapulted him to international fame. Today Bruce Lee's legacy of self expression, equality, and pioneering innovation continues to inspire people all around the world.

“Do not pray for an easy life, pray for the strength to endure a difficult one.”





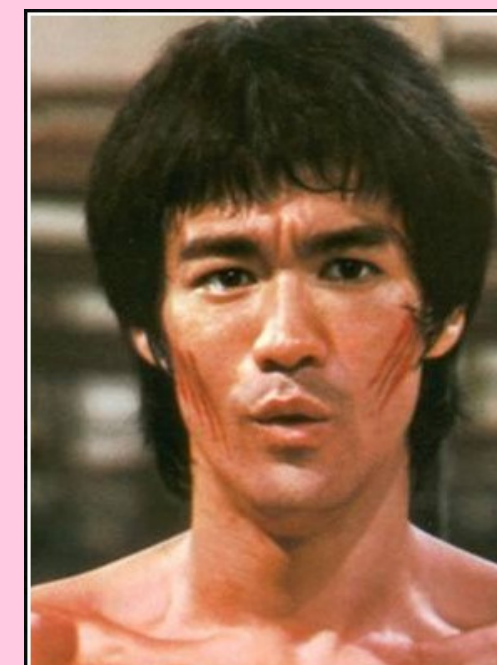


Kung Fu (Gung fu) translated means: discipline and training toward the mastery of some skill. It is applied to martial arts but it can be applied to anything. Ultimately, Gung fu is a pathway toward mastery and a deeper understanding of yourself and life.

Yin Yang is the basic structure of Gung fu. This is expressed with the Law of Harmony: “One should be in harmony within and not rebellion against the strength and force of opposition.”

## FAMILY ACTIVITY

What is your Gung fu? What is it that you are actively working on mastering? It doesn't have to be a physical skill, it's a skill that is natural to you and should excite you and bring you joy.



A goal is not always meant to be reached, it often serves simply as something to aim at.

— Bruce Lee

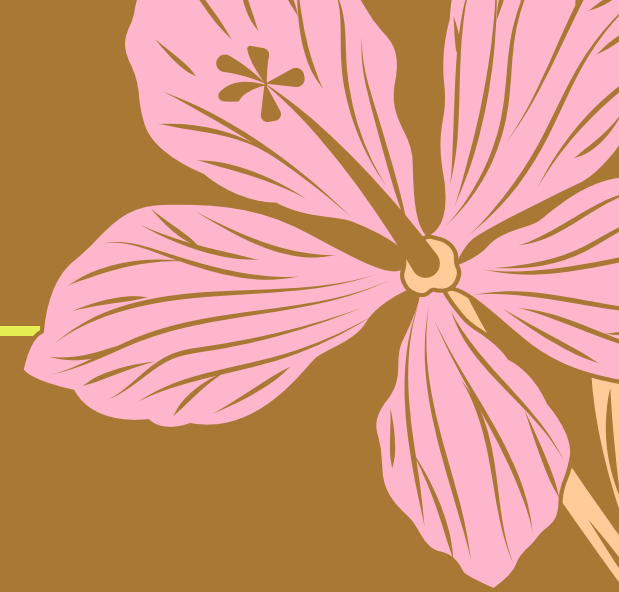
ASIAN AMERICAN  
AZ QUOTES





MONTHLY ASIAN AMERICAN AND  
PACIFIC ISLANDER

# SPOTLIGHT



## Jeremy Lin

Jeremy Shu-How Lin is an American professional basketball player for the Santa Cruz Warriors of the NBA G League. He unexpectedly led a winning turnaround with the New York Knicks during the 2011–12 season, generating a cultural phenomenon known as "Linsanity". Lin was the first American of Chinese or Taiwanese descent to play in the NBA, and is one of the few Asian Americans to have played in the league. He was the first Asian American to win an NBA championship, having done so with the Toronto Raptors in 2019. Lin appeared on the covers of Sports Illustrated and Time and was named to the Time 100 as one of the most influential people in the world. In July 2012, Lin won the ESPY Award for Breakthrough Athlete of the Year. Following his Knicks tenure, Lin played for the Houston Rockets, LA Lakers, Charlotte Hornets, Brooklyn Nets, Atlanta Hawks, and Toronto Raptors. While he experienced some success in Houston and Charlotte, he battled injuries in the ensuing seasons. In August 2019, he left the NBA and signed with the Beijing Ducks, where he became an All-Star in the Chinese Basketball Association (CBA). Jeremy Shu-How Lin is an American professional basketball player for the Santa Cruz Warriors of the NBA G League. He unexpectedly led a winning turnaround with the New York Knicks during the 2011–12 season, generating a cultural phenomenon known as "Linsanity". Lin was the first American of Chinese or Taiwanese descent to play in the NBA, and is one of the few Asian Americans to have played in the league. He was the first Asian American to win an NBA championship, having done so with the Toronto Raptors in 2019. Lin appeared on the covers of Sports Illustrated and Time and was named to the Time 100 as one of the most influential people in the world. In July 2012, Lin won the ESPY Award for Breakthrough Athlete of the Year. Following his Knicks tenure, Lin played for the Houston Rockets, LA Lakers, Charlotte Hornets, Brooklyn Nets, Atlanta Hawks, and Toronto Raptors. While he experienced some success in Houston and Charlotte, he battled injuries in the ensuing seasons. In August 2019, he left the NBA and signed with the Beijing Ducks, where he became an All-Star in the Chinese Basketball Association (CBA).

# FAMILY ACTIVITY

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## Red Light/ Green Light

This wacky basketball game builds on the traditional children’s game, only players dribble the ball while running. The game starts with the players lined up on one side of the court, each with a ball.

The coach stands in the middle of the court and calls out signals for the players:

- When the coach yells “green light,” the players dribble forward.
- When he yells “red light,” the players stop.
- At “yellow light,” the players dribble to the left.
- At “blue light,” they dribble to the right.
- At “orange light, they dribble backwards.

The first player to the other side of the gym wins.

